

MIND OUR FUTURE P1

MAY 2026 NEWSLETTER



Star YLABBER



This month, Our Star YLABBER is Tammim. Tammim is new to the YLAB and has already been so active in all the projects they have been working on. Tammim is always ready to share any opinions and views which we love to see in meetings. Tammim worked so hard during WellFest this year taking on any task and always with a smile. Huge Shoutout to Tammim for the excellent work he has been doing in the YLAB and we look forward to working with Tammim and the rest of the YLAB on future projects.

WellFest 2026

WellFest 2026 was a huge success, even though it was a very wet day that did not stop the massive turn out we had at WellFest, we loved seeing everyone attend and all the organisations and performances that came in numbers and really brought life to the event. A huge thank you to everyone for being part of WellFest. Our YLAB worked hard all day and a huge thank you goes out to them for all the time and work they dedicate. Throughout the day we had over 1,400 people and we loved seeing everyone there. If you did attend we hope you loved it just as much as we did. Wanting to give us your thoughts on the day check out our social media and find the feedback form, we would love to hear from you.



Young Person Summer Social

We are pleased to announce that we will be hosting a second young person summer social this July in Flintshire if you have young people interested please get in touch.

The event is designed for young people aged 11–24 to connect, build friendships, and engage with others from organisations across Northeast Wales in a fun and welcoming environment.

The day will include:

- Icebreakers and outdoor activities
- Networking opportunities
- Workshops and idea-sharing
- Food and BBQ
- Music and entertainment

Working with Ysgol Clwedog

Work continues with Ysgol Clywedog's School Council, who are busy planning an exciting Culture Day to be held on 8th July. The council members have been working hard to organise the event and are looking forward to celebrating the diverse cultures, traditions and backgrounds represented within our school community. The day promises to be a wonderful opportunity for pupils to learn from one another, share experiences and embrace the rich cultural diversity that makes our school such a vibrant place to learn.

IN THE PIPELINE...

- Further episodes of our podcast are currently in development, with YLAB members actively working on new content. These upcoming episodes aim to further challenge young people's critical thinking while exploring key issues that matter most to young people today.
- The Planning for the Young Person Summer Social is well underway with us hosting our event in July we are reaching out to lots of organisations and there is still time to get your young people involved in this event.
- Planning is also underway for an exciting YLAB trip to Norway next year, funded by Taith. This international experience will offer valuable opportunities for knowledge exchange, cultural collaboration, and learning, further supporting the development of our young leaders.



PARTNER EVENT LINKS

[NEWMIND - Life Warriors - Drop in Session - Mindfulness and Meditation](#)

[Community Cohesion Team - Diverse Together 2025](#)

[Family Info Service - Wellbeing Portal](#)

NOTES AND LINKS

- [YLAB Signup form](#)
- [Partnership Pack](#)
- [Procurement guidance](#)
- [Minutes from Last Partnership meeting](#)
- [Previous Newsletters](#)
- [Project Onedirve](#)
- ['Debatable Youth Episodes Playlist'](#)
- <https://linktr.ee/NEWMYMOF>

May Wellbeing Tip: Make Time for Nature
As the days become longer and the weather improves, try to spend a little time outdoors each day. Whether it's a short walk, playing in the garden, or simply enjoying some fresh air, being in nature can help reduce stress, improve mood and boost overall wellbeing. Even a few minutes outside can make a positive difference to your day.